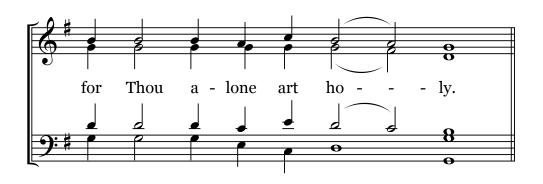
## 3rd Sunday of Lent: Katavasia, Tone 1



Ode 3





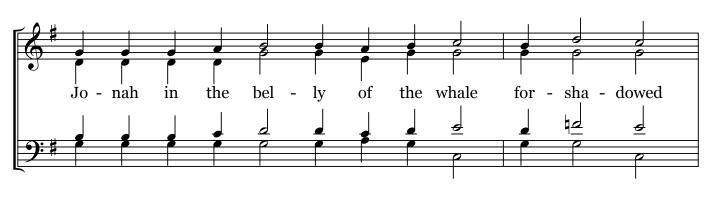


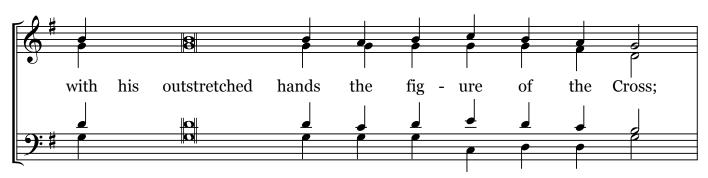
8

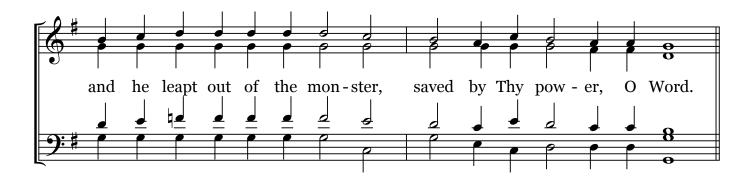


8











## 3rd Sunday of Lent: Katavasia, Tone 1

Before the Katavasia of the 8th Ode:





English text: "The Lentent Triodion", translated by Mother Mary and Archimandrite Kallistos, Reprinted by St. Tikhon's Seminary Press, 2002.