

2nd Week of Great Lent: Vespers on Wednesday Evening
Stichera on "Lord I have cried"
Kievan Chant - Tone 1

On "Lord I have cried" (Tone 1) - ten stichera are sung, the first six from the Triodion:

(10) Reader: Bring my soul out of prison:

I-descant
II-chant
melody

That I may con - fess Thy name.

Keeping a spiritual fast, O brethren, /
let us speak no lies with our tongue /
nor give our brother cause for scandal; /
but through repentance let us make the lamp of our soul burn brightly, /
and with tears let us cry to Christ: //
Forgive us our trespasses in Thy love for mankind.

(9) Reader: The righteous shall wait patiently for me

Un - til Thou shalt re - ward me.

Repeat: "Keeping a spiritual fast, O brethren..."

(8) *Reader:* Out of the depths have I cried unto Thee, O Lord;

O Lord hear my voice.

O martyrs worthy of all praise, /
 your bodies were not buried in the earth, /
 yet heaven has received you; /
 the gates of Paradise were opened to you, /
 and entering within ye have eaten from the Tree of Life. //
 Pray to Christ that He may grant peace and great mercy to our souls.

(7) *Reader:* In the 3rd Tone: Let Thine ears be attentive

To the voice of my sup - pli - ca - tion.

At the prayers of Thy divine Apostles, /
 grant in Thy love, O merciful Lord, /
 that we may spend the time of the Fast with contrite minds: //
 so may we all be saved and glorify Thee.

(6) *Reader:* If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is for - give - - - ness.

Mighty and terrible shall be Thy coming, O Lord, /
 when Thou shalt sit in righteous judgement. /
 Though I deserve punishment, condemn me not, //
 but accept the prayers of Thine apostles and spare me, O God.

(5) *Reader:* In the 6th Tone: For Thy name's sake have I patiently waited for Thee,
O Lord, my soul hath waited patiently for Thy word,

The musical score is written for two parts, I and II, in the 6th tone (one sharp, F#). Part I is in the treble clef and Part II is in the bass clef. The lyrics are: "My soul hath hoped in the Lord." The melody is characterized by a series of eighth notes in the upper part and a more rhythmic accompaniment in the lower part. There are several slurs and ties indicating phrasing.

O ap^ostles of Christ, /
 shining lights to m^ortal men, /
 treasuries of the wise k^onowledge of our God, /
 filling the world with r^oiches: /
 through your holy prayers deliver us from tempt^oation /
 as we sing your p^oraises, /
 and guide us through the s^oason of the Fast, /
 watchfully guarding our l^oives in peace. /
 So shall our prayers be acceptable to Christ as we celebrate His P^oassion, //
 and with boldness we shall offer g^olory t^o our God.

And we sing 4 stichera from the Menaion.

English text adapted from the "Lenten Triodion Supplement", translated by Mother Mary and Archimandrite Kallistos.