

**October 30: Hieromartyr Zenobius and Martyr Zenobia**  
**Stichera on "Lord I have cried"**  
**Tone 4, Special Melody, "As one valiant"**

Optina Hermitage

I-descant  
 II-chant melody

Hav - ing dyed thy ves - - - ture with the blood

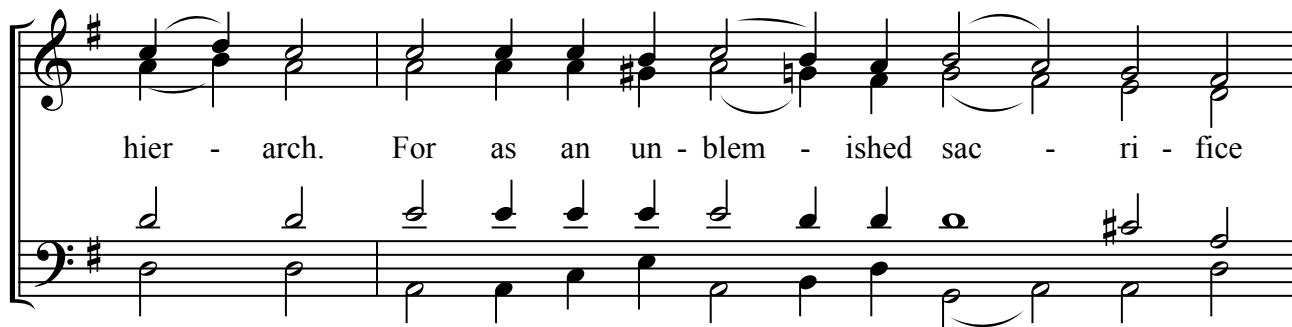
of mar - tyr - dom, — O glo - ri - ous Ze - no - bi - us,

through grace thou didst accomplish what is most sa - - - cred,

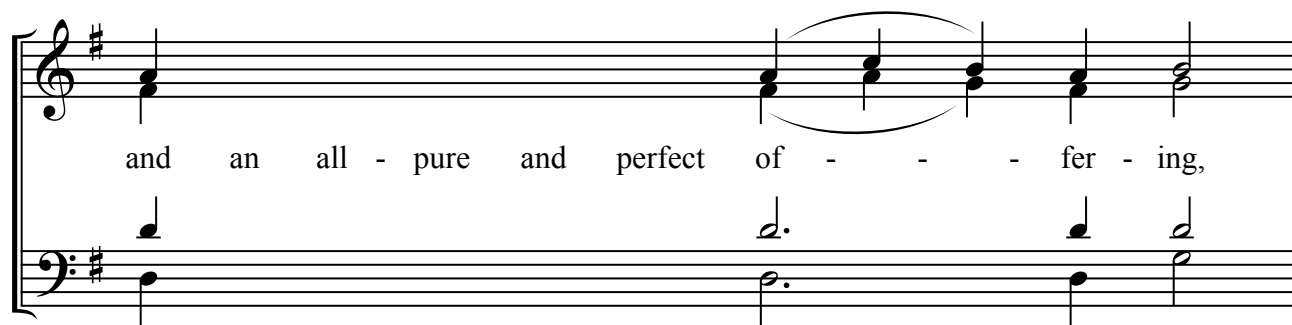
and thereby didst enter into the Holy of Holies as a wise \_\_\_\_\_

hierarch

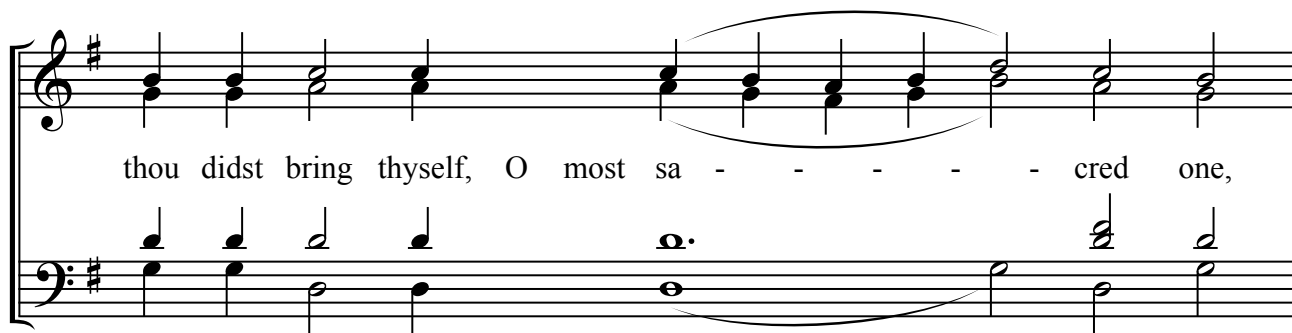
October 30: HM Zenobius and M Zenobia  
Stichera on "Lord I have cried"  
Page 2



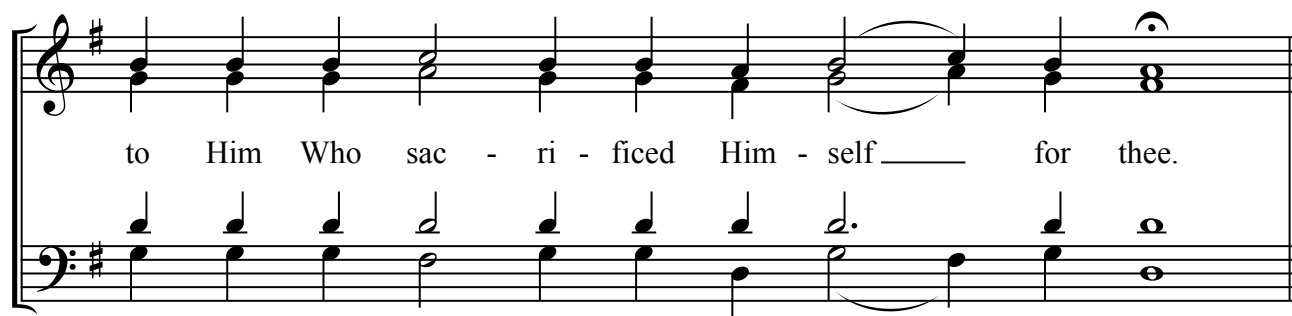
hier - arch. For as an un - blem - ished sac - ri - fice



and an all - pure and perfect of - - - fer - ing,



thou didst bring thyself, O most sa - - - - cred one,



to Him Who sac - ri - ficed Him - self — for thee.

When thy bo - dy was maimed, the most splen - did beau - ty

The first system of musical notation features a treble and bass staff in G major. The treble staff contains a series of chords, with some notes beamed together. The bass staff provides a simple harmonic accompaniment with single notes and dyads.

of thy soul, was most beau - ti - ful - ly shown forth,

The second system continues the melody and accompaniment. The treble staff shows more complex chordal textures, including some chromatic movement. The bass staff continues with a steady accompaniment.

O hieromartyr Zenobius, divinely wise and all - - - rich,

The third system features a more spacious setting of the text. The treble staff has fewer notes, with some chords held for longer durations. The bass staff has a few notes, including a whole note.

thou a - dorn - ment of hier - archs, boast of mar - tyrs,

The fourth system concludes the page with a return to a more active musical setting. The treble staff has a series of chords, and the bass staff has a more rhythmic accompaniment.

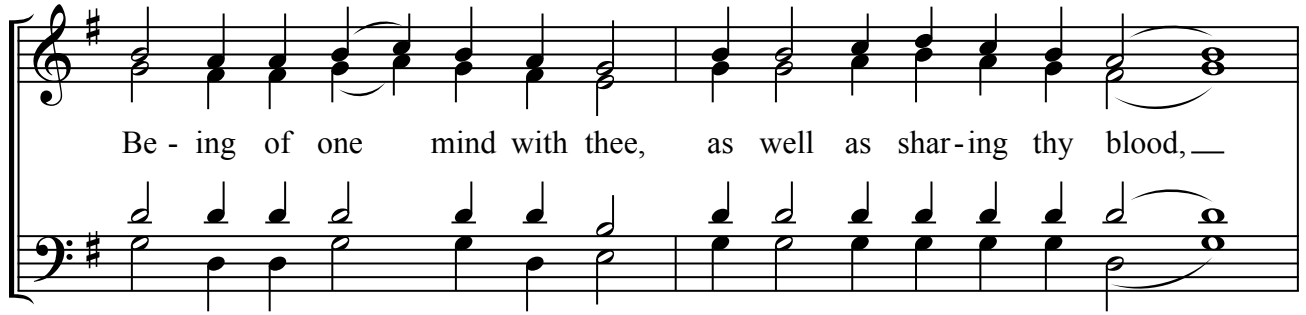
October 30: HM Zenobius and M Zenobia  
Stichera on "Lord I have cried"  
Page 4

ever-flowing wellspring of mir - a - cles, dis - pel - ler of un-clean

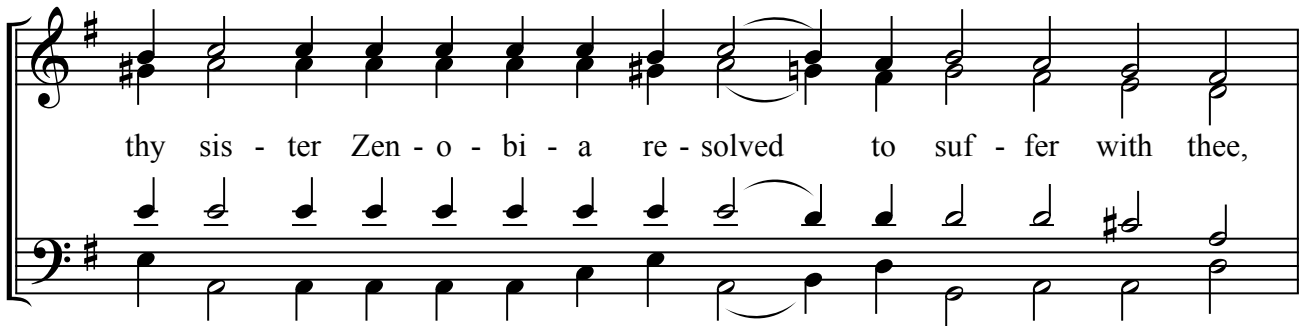
The first system of musical notation consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It features a series of chords, with a slur over the first two measures. The lower staff is in bass clef with the same key signature and time signature, providing a harmonic accompaniment with a steady bass line.

spi - - - rits, di - vine cham - - - pi - on of Christ.

The second system of musical notation also consists of two staves. The upper staff continues the melodic line with chords, featuring a slur over the first three measures and a fermata over the final note. The lower staff continues the harmonic accompaniment, with a slur over the first two measures and a fermata over the final note.



Be - ing of one mind with thee, as well as shar-ing thy blood, —



thy sis - ter Zen - o - bi - a re - solved to suf - fer with thee,



O all - wise ——— one; for she manfully endured the boiling of the



caul - - - - - dron, the threat of fire and vi - o - lent death.

October 30: HM Zenobius and M Zenobia  
Stichera on "Lord I have cried"  
Page 6

Wherefore, with thee she hath received crowns of vic - tor - y,

and the king - dom on high, O Ze - no - - - bi - us,

in - i - ti - ate of sa - cred mys - ter - ies.

Translation by Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Vol. II  
St. John of Kronstadt Press, ©1999. The entire service may be purchase through: [sjkp.org](http://sjkp.org)