

**October 19: St. John of Kronstadt**  
**Stichera on "Lord I have cried"**  
**Tone 6, Special Melody "Having laid aside..."**  
**Optina Hermitage Melody**

I-descant  
 II-chant melody

1. Hav - ing set a - side all the things of this world,

let us praise with one voice, the won-drous bea - - - con

of the land of Russia and of the whole world, the good

shep-herd, the priest John, who hath giv - en us a splendid model

of life in Christ

of life in Christ, who on earth was aflame with the spirit

of prayer, and who received from the Lord a two-fold gift

of heal - ing. Through his prayers may Christ strengthen us in

pi - e - ty, and show us to be steadfast chil - dren of the Church,

for the sal - va - tion of our souls.

2. With all thy heart \_\_\_\_\_ and mind, O bless - - ed John,

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of quarter notes with some beamed eighth notes and a fermata over the final note. The bass staff provides a simple accompaniment of quarter notes. The lyrics are: "2. With all thy heart \_\_\_\_\_ and mind, O bless - - ed John,"

thou didst love the life \_\_\_\_\_ in Christ. Thinking and doing all things to

The second system continues the melody and accompaniment. The treble staff has a fermata over the word "life". The lyrics are: "thou didst love the life \_\_\_\_\_ in Christ. Thinking and doing all things to"

please \_\_\_\_\_ God, thy labors bore fruit a - bun - - dant - ly

The third system continues the melody and accompaniment. The treble staff has a fermata over the word "God". The lyrics are: "please \_\_\_\_\_ God, thy labors bore fruit a - bun - - dant - ly"

through the grace of the priest - hood, and at the Lord's Sup - per, \_\_\_\_\_

The fourth system continues the melody and accompaniment. The treble staff has a fermata over the word "Sup". The lyrics are: "through the grace of the priest - hood, and at the Lord's Sup - per, \_\_\_\_\_"

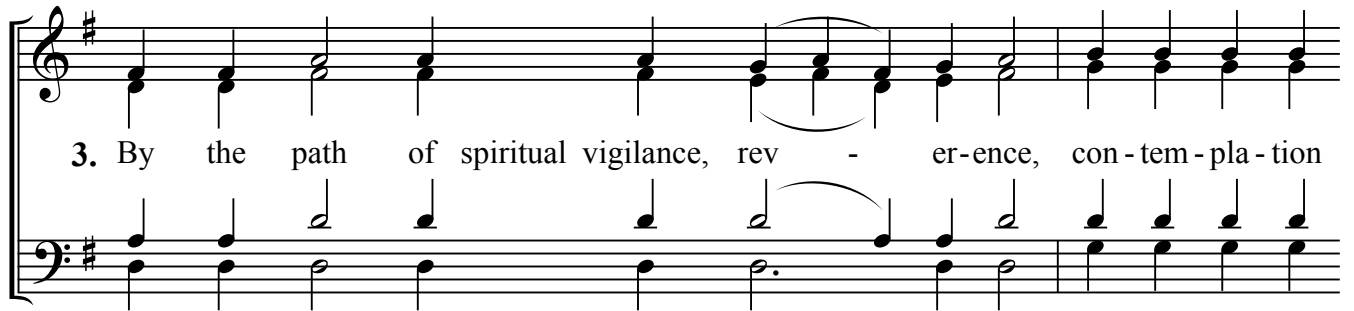
as if in hea - - - ven, with en - rap - tured spi - - - rit

thou didst stand at the altar of the Lord from day - - - to - day - - -

with tears of com-punc - - - tion. And now, standing before the Holy Trinity

in the high - - - est, of - fer up in - ter - ces - - - sion, - - -

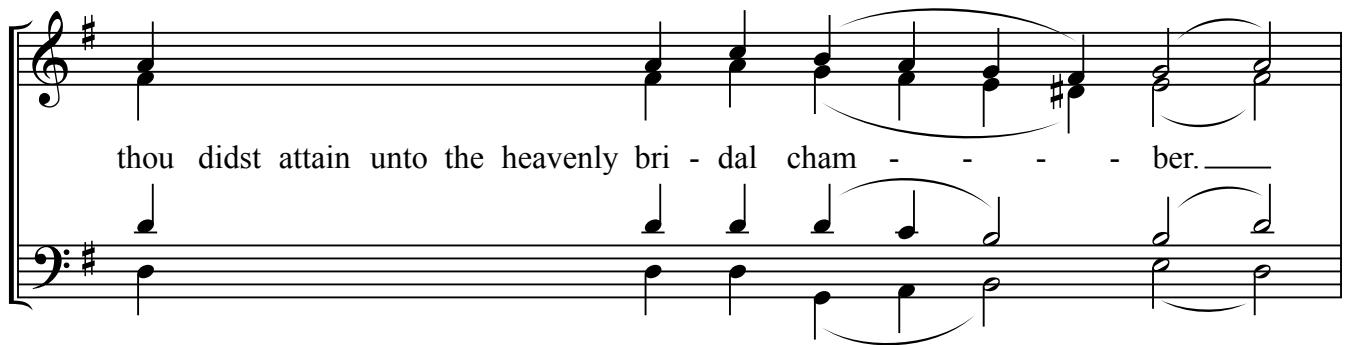
that He grant peace to the world and save - - - our souls.



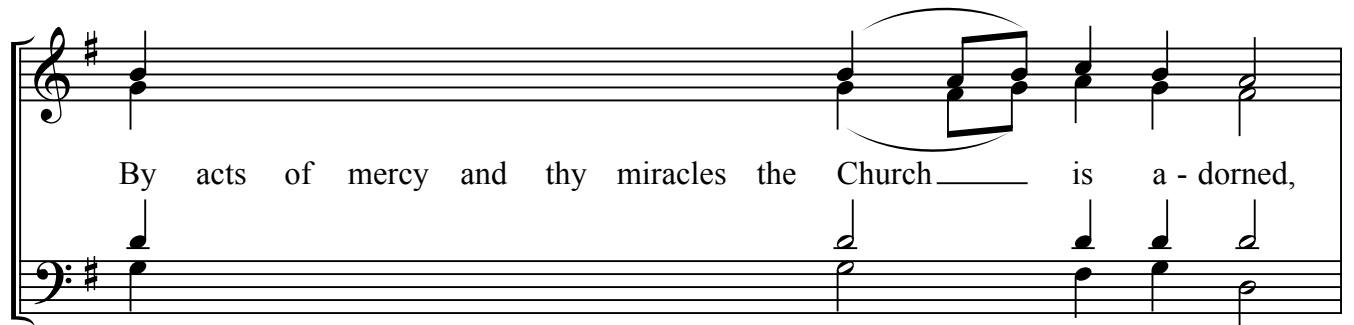
3. By the path of spiritual vigilance, rev - er-ence, con - tem - pla - tion



of the mys - ter - ies of God, a - mend - ment of soul and rest - in God,



thou didst attain unto the heavenly bri - dal cham - - - - ber.



By acts of mercy and thy miracles the Church is a - dorned,

by the pur - ity of thy life impiety is put to shame,

and by the words of thy writings the Faith is con - firmed.

Where - fore, we en - treat thee, O most hon - ored John:

amid all our circumstan - ces be thou our guide, that guid - ed and

guard - ed by thee, we may be vouchsafed the kingdom of hea - - - ven.

4. Tra-vail-ing with all thy heart over the darkness of the na-tions,

thou didst at first think to go to the lands of the East.

But, beholding Kronstadt, which was far near-er per-ish-ing,

thou didst submit to a call from on high,

which came once during sleep through a vision of a tem - - ple,

O right - eous John. — "I know," thou didst say, "the loftiness

of the priest - - - hood, yet, I hope — in God;

for I know that He — is my strength." O the divine pow - er of love,

which doth draw us to Christ and strength - - - en us!



5. Mak - ing room for all in thy pas - tor - al heart,

and con-strained by the wounds inflicted upon the poor by pov - er - ty,

thou didst call all peo - - - ple by thy words and by thy

writ - - - ings, to build a house of in - - - dus - try,

where - in the poor might find ref - - - uge.

O teacher of good deeds worked by faith! O nur - tur - er of the

souls and bod - ies of the poor! O John, joy of those who before were

in de - spair! Thy care for such on earth

was a likeness of thine intercession now in hea - - - ven.

6. Hav - ing ac - quired bold - ness in prayer, with a heart o - pen to all,

full of com - pas - - sion, even after thy death thou dost not cease

to of - fer it up. — And growing eternally rich - er in love,

thou dost ev - er pour forth healings and conso - la - - - tion,

O John, thou joyful and speed - y help - - - er. —

O thou who didst heal though the laying on — of thy hand,

The first system of musical notation features a treble and bass clef with a key signature of one sharp (F#). The melody is primarily composed of chords, with some single notes in the bass line. The lyrics are: "O thou who didst heal though the laying on — of thy hand,"

know - ing the needs of those who asked before a word was ut - tered,

The second system continues the musical notation. The lyrics are: "know - ing the needs of those who asked before a word was ut - tered,"

intercede now invisibly for us who hymn — thee — as one who

The third system continues the musical notation. The lyrics are: "intercede now invisibly for us who hymn — thee — as one who"

liv - eth in Christ, awaiting thy help and as - sist - - - ance.

The fourth system concludes the musical notation. The lyrics are: "liv - eth in Christ, awaiting thy help and as - sist - - - ance."

Translation of Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Vol. II,  
St. John of Kronstadt Press, ©1999. The entire service may be purchased through: [sjkp.org](http://sjkp.org)