

# October 10: Holy Elders of Optina

## Stichera on the Praises, Tone 6: "Having laid aside..."

Optina Hermitage

Sopr.  
Alto

1. Hav - ing set aside all care for earth - - - ly things,

Tenor  
Bass

Detailed description: This block contains the first line of the musical score. It features four staves: Soprano (Sopr.), Alto, Tenor, and Bass. The Soprano and Alto parts are written in treble clef with a key signature of one sharp (F#). The Tenor and Bass parts are written in bass clef with the same key signature. The lyrics are: "1. Hav - ing set aside all care for earth - - - ly things,". The music consists of chords and single notes, with some notes tied across measures.

and cast the tyranny of the pas - - - sions far a - way \_

Detailed description: This block contains the second line of the musical score. It features two staves: Soprano (Sopr.) and Alto. The lyrics are: "and cast the tyranny of the pas - - - sions far a - way \_". The music continues with chords and single notes, maintaining the same key signature and clefs as the first line.

from your-selves, O venerable and God-bearing fa - - - thers, \_

Detailed description: This block contains the third line of the musical score. It features two staves: Soprano (Sopr.) and Alto. The lyrics are: "from your-selves, O venerable and God-bearing fa - - - thers, \_". The music continues with chords and single notes, maintaining the same key signature and clefs as the previous lines.

ye made your abode in the wil - der - ness, and hav - ing

Detailed description: This block contains the fourth line of the musical score. It features two staves: Soprano (Sopr.) and Alto. The lyrics are: "ye made your abode in the wil - der - ness, and hav - ing". The music continues with chords and single notes, maintaining the same key signature and clefs as the previous lines.

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cleansed your hearts, ye were illuminated with grace,

and shining forth like lamps, ye enlighten the whole world,

driving darkness away from those who honor

your holy memory.

2. The spi - i - tu - al lu - min - ar - ies which shone forth in

lat - ter times in the fir - ma - ment of the Church

guide to the calm ha - - - ven those tem - pest tossed

up - on the deep and en - gulfed by the plea - sures of life

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and they dis-pel the dark - ness of sin, still the tempest of the

pas - sions, turn men away from the e - vil way

which lead - eth to de - struc - - - - tion,

and pray with bold - ness for the sal - va - tion of our souls.

3. No long - er do ye — be - hold the glory of the Lord in indistinct

im - - - ag - es, but face — to face,

the reflection having been bro - - - ken: — that glo - ry

which eye hath not seen, nor ear — heard, which hath not entered into the

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hearts of men, but which God hath prepared for those

who love Him. Yet having been vouchsafed these good things,

for - get us not, but pray that we may be saved

who celebrate your mem - - - or - y.

Translation of Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Volume II,  
St. John of Kronstadt Press, 1999. The entire service is available for purchase at: [sjkp.org](http://sjkp.org)