

March 14: St. Benedict of Nursia
Stichera of "Lord I have cried"
Tone 2, Special Melody "When from the Tree..."
Optina Hermitage Melody

for 4 menaion verses, begin here

(4) Reader: In the 2nd Tone, Special Melody "When from the Tree..."
From the morning watch until night, from the morning watch

I-descant
II-chant
melody

Let Is - ra - el hope in the Lord.

+ See Sticheron below: "Having from childhood..."

for 3 verses, begin here

(3) Reader: For with the Lord there is mercy; and with Him is plenteous redemption;

And He shall redeem Israel out of all his in - i - qui - ties.

+ Hav-ing from child - hood re-nounced the world with true faith

and love...

and love, O fa - - ther, rejoicing, thou didst fol - - - low

af - ter the cru - ci - fied Christ; and hav - ing mor - - - ti - fied

thy flesh with many feats of as - cet - i - cism,

thou didst richly receive the grace of heal - ings, to assuage divers

ill - ness-es and to expel evil spirits, great - ly a - ston - ished.

(2) Reader: O praise the Lord, all ye nations;

Praise Him all ye peo - - - - ples.

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords, with a long horizontal line above the notes from the fifth measure to the eighth measure. The lower staff is in bass clef with the same key signature and time signature, containing a series of notes and chords.

Be - ing the a - dorn - - - - ment of mon - as - - - - ties,

The second system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords, with long horizontal lines above the notes from the fifth measure to the sixth measure and from the eighth measure to the ninth measure. The lower staff is in bass clef with the same key signature and time signature, containing a series of notes and chords.

thou didst assemble a countless mul - ti - tude to hymn the Lord,

The third system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords. The lower staff is in bass clef with the same key signature and time signature, containing a series of notes and chords.

O venerable Ben - e - dict, and didst guide to hea - - - - ven

The fourth system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains a series of chords, with long horizontal lines above the notes from the second measure to the third measure and from the sixth measure to the seventh measure. The lower staff is in bass clef with the same key signature and time signature, containing a series of notes and chords.

the steps of all who fol - - - lowed well

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a series of chords, with a slur over the first three measures and another slur over the last three measures. The lyrics are: "the steps of all who fol - - - lowed well".

thy di - vine teach - ings and emulated thy virtuous life,

The second system of musical notation continues the piece. The treble staff has a slur over the first three measures. The lyrics are: "thy di - vine teach - ings and emulated thy virtuous life,".

O fa - - - ther. With them, we do thee hon - - - or,

The third system of musical notation continues the piece. The treble staff has a slur over the first three measures and another slur over the last three measures. The lyrics are: "O fa - - - ther. With them, we do thee hon - - - or,".

rejoicing in thy repose in sa - cred man - - - ner.

The fourth system of musical notation concludes the piece. The treble staff has a slur over the first three measures and another slur over the last three measures. The lyrics are: "rejoicing in thy repose in sa - cred man - - - ner.".

(1) Reader: For He hath made His mercy to prevail over us,

And the truth of the Lord a - bi - deth for - ev - er.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff features a melody of chords, with a long note on 'er' in the final measure. The bass staff provides a simple harmonic accompaniment with a steady bass line.

Like E - li - - jah of old, O fa - - - ther, thou didst call

The second system continues the melody. The treble staff has a long note on 'ther' in the final measure. The bass staff continues the accompaniment with a steady bass line.

down rain from the skies at thy sup - pli - ca - - - tion,

The third system continues the melody. The treble staff has a long note on 'tion' in the final measure. The bass staff continues the accompaniment with a steady bass line.

and thou didst cause a vessel to pour forth oil,

The fourth system continues the melody. The treble staff has a long note on 'oil' in the final measure. The bass staff continues the accompaniment with a steady bass line.

didst res - - - sur - rect a dead man,

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It features a series of chords, with some notes beamed together. The lower staff is in bass clef with the same key signature and time signature, providing a harmonic accompaniment with chords and some moving lines. The lyrics are positioned between the two staves.

and didst work many other mir - a - cles, unto the glory of the God and

The second system of music continues the composition. It features similar chordal textures in both the treble and bass staves. The lyrics are placed between the staves.

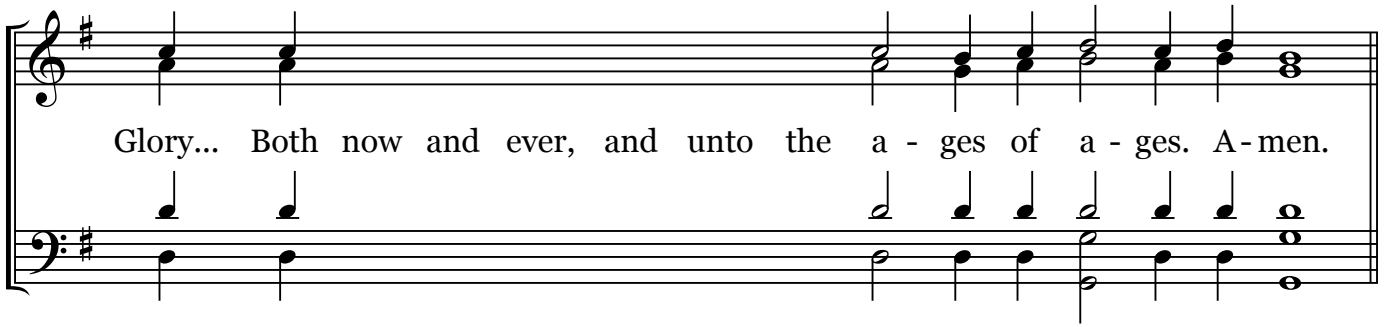
Sa - viour of all, O ven - er - a - ble one. Wherefore, with love

The third system of music continues the composition. It features similar chordal textures in both the treble and bass staves. The lyrics are placed between the staves.

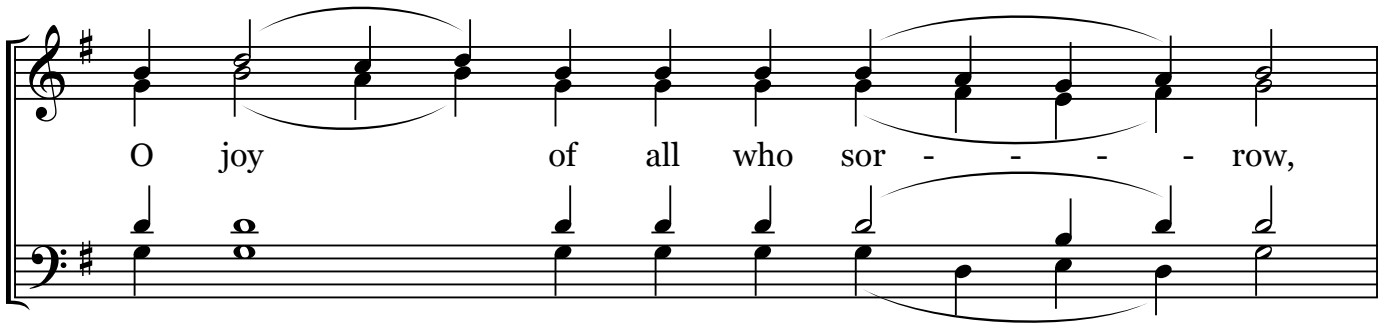
we celebrate thy glorious memo - ry, O Ben - - - e - dict.

The fourth system of music concludes the page. It features similar chordal textures in both the treble and bass staves. The lyrics are placed between the staves.

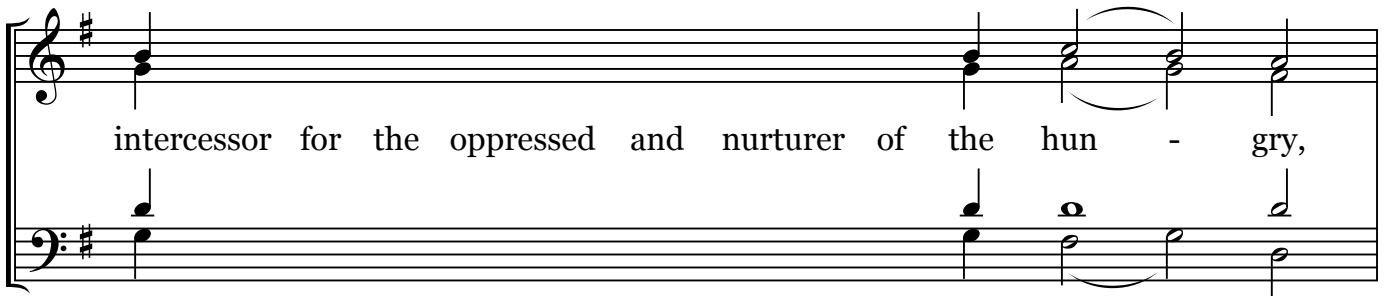
Reader: Glory, both now, in the same tone and melody.



Glory... Both now and ever, and unto the a - ges of a - ges. A - men.



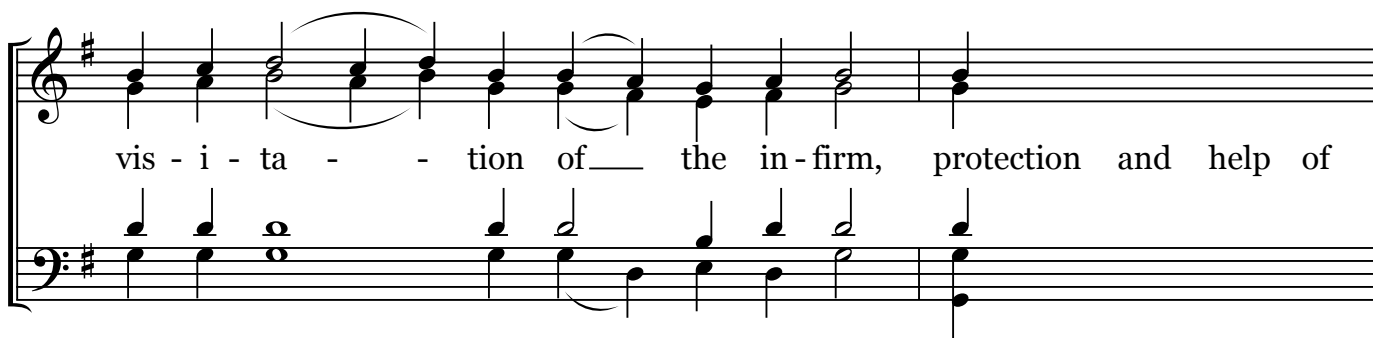
O joy of all who sor - - - row,



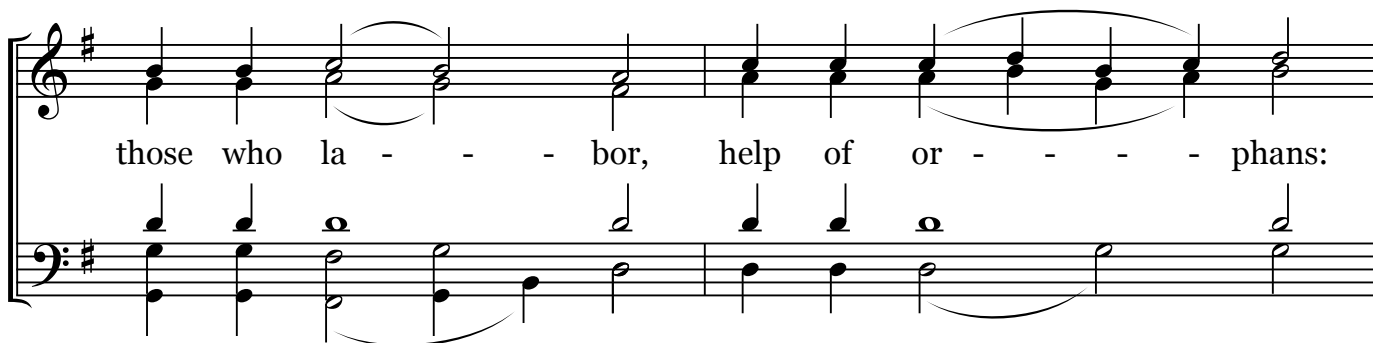
intercessor for the oppressed and nurturer of the hun - gry,



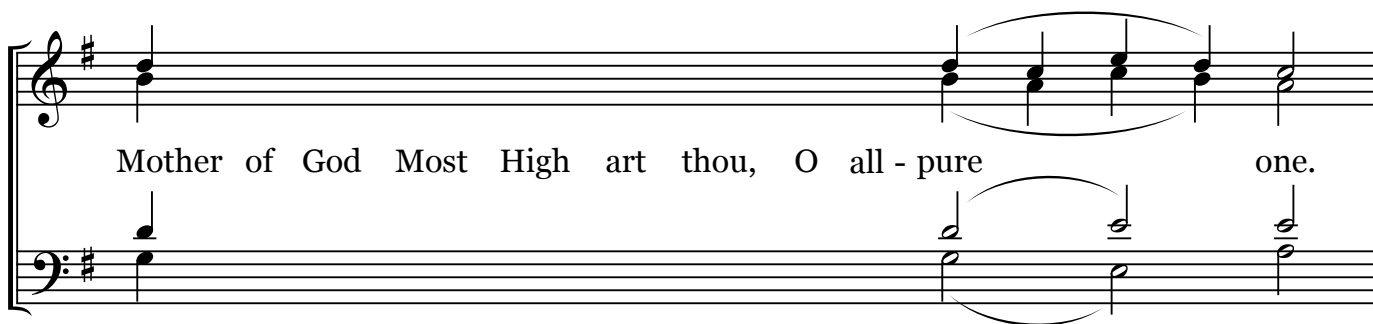
consolation of wan - - - der - ers and staff_ of the blind,



vis - i - ta - - - tion of the in - firm, protection and help of



those who la - - - bor, help of or - - - - phans:



Mother of God Most High art thou, O all - pure one.



Haste thou, we beseech thee, that thy ser - vants be saved!