

**March 9: On the same day at Vespers
Holy Forty Martyrs of Sebaste**

**Stichera on "Lord I have cried"
Tone 1, Kievan**

(4) Reader: In the 1st Tone—

From the morning watch until night, from the morning watch

Musical notation for the Stichera "Let Israel hope in the Lord." The score is written for two parts, I and II, in the key of D major (one sharp) and 4/4 time. The melody is primarily composed of eighth and quarter notes, with some rests. The lyrics are: "Let__ Is - ra - el hope in__ the__ Lord." The notation includes a treble clef for part I and a bass clef for part II, with a key signature of one sharp (F#).

The choir of forty-fold splendor, /

The whole army assembled by God, /

hath shone forth upon the Fast in their honorable sufferings, //

illuminating and enlightening our souls.

**(3) Reader: For with the Lord there is mercy, and with Him is
plenteous redemption;**

Musical notation for the Stichera "And He shall redeem Israel out of all his iniquities." The score is written for two parts, I and II, in the key of D major (one sharp) and 4/4 time. The melody is primarily composed of eighth and quarter notes, with some rests. The lyrics are: "And He shall redeem Israel out of all his in - iq - ui - ties." The notation includes a treble clef for part I and a bass clef for part II, with a key signature of one sharp (F#).

Repeat: "The choir of forty-fold splendor..."

Evening of March 9: Stichera on "Lord I have cried"

(2) *Reader:* In the 2nd Tone— O praise the Lord, all ye nations;

Praise Him all ye peo - ples.

The mart[~]yr[~]s considered the lake to be as para[~]di[~]se, /
 and winter to be as the heat of the day, O Chri[~]st God; /
 and thou[~]gh[~]ts of the tyrants' threats did not daunt them. /
 Valiant, they feared not the increase of tor[~]tu[~]res, /
 having acqu[~]ir[~]ed the weap[~]on of the Cross; /
 and therewith, as mighty, they van[~]qu[~]ished the foe, //
 for which they have received crown[~]s of grac[~]e.

(1) *Reader:* For He hath made his mercy to prevail over us,

And the truth of the Lord abideth for-ev - er.

Who will not hymn the choir of the martyrs forty in number?

For they entered the waters of the lake boldly, /

and huddling together in the cold, they chanted a hymn unto the Lord: /

"Nay, in the rivers art Thou wroth against us, O Lord? /

Nay, in the rivers art Thou wroth against us, O Thou Who lovest mankind? /

Lighten Thou the oppression and bitterness of the wind, /

for our feet are empurpled with our own blood. /

But lead us into thine everlasting habitations, O God, //

and let the bosom of Abraham warm us!"

Evening of March 9: Stichera on "Lord I have cried"

Reader: Glory, in the same tone.

Glory to the Father, and to the Son, and to the Ho-ly Spi - rit.

Prophetically David cried aloud in the Psalms: /

We went through fire and water, /

and Thou didst bring us out into refreshment! /

and ye, O martyrs of Christ, /

fulfilling the word in very deed, /

passed through fire and water /

and entered into the kingdom of heaven. //

Wherefore, pray, O ye forty athletes, that we be given great mercy. ~

Reader: Both now, in the same tone.

Both now and ever, and unto the ages of a - ges. A-men.

All my hope do I set on thee, /

O Mother of God, //

Shelter me beneath thy protection. ~