

**February 29: St. Cassian the Roman**  
**Stichera on "Lord I have cried"**  
**Tone 6, Kievan**

*If 4 stichera of the Menaion are appointed, begin here:*

**(4) Reader: In the 6th Tone: From the morning watch until night, from the morning watch**

Let Is - - - - ra - el hope \_\_\_\_\_ in the Lord.

The musical notation consists of a treble and bass staff in G major (one sharp). The melody is written in a style typical of Byzantine chant, with a mix of quarter and eighth notes, and rests. The lyrics are placed below the notes. The word 'hope' is followed by a long horizontal line indicating a melisma.

*see below: "Thou didst wisely perceive transitory deception..."*

*If 3 stichera are appointed, begin here:*

**(3) Reader: For with the Lord there is mercy, and with Him is plenteous redemption;**

And He shall redeem Israel out of all \_\_\_\_\_ his in - i - - - qui-ties.

The musical notation consists of a treble and bass staff in G major. The melody is written in a style typical of Byzantine chant, with a mix of quarter and eighth notes, and rests. The lyrics are placed below the notes. The word 'iniquities' is followed by a long horizontal line indicating a melisma.

Thou didst wisely perceive transitory deception, /  
 O all-glorious one, /  
 and even after thy departure from hence unto the Lord, /  
 thou hast hindered those who demand to have it, /  
 though it is in nowise abiding, /  
 and this fleeting and temporal life and social order. /  
 Wherefore, as a wise overseer, /  
 thou hast passed on to a better life, //  
 having pleased Christ, O Cassian, by thy life and works.

(2) *Reader:* O praise the Lord, all ye nations;

The image shows a musical score for a Stichera. It consists of two staves, a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are: "Praise Him all ye peo - - - - - ples." The word "peoples" is split across several measures with hyphens. The music features a mix of eighth and sixteenth notes, with some measures containing chords. There are fermatas over the final notes of the phrase.

Taking up thy cross in childhood, /  
O glorious father, /  
thou readily didst tread the path which is hard and narrow, /  
yet of surpassing honor, /  
submitting to the commandments of Him Who called thee. /  
Wherefore, for thy labors thou hast obtained /  
as twofold recompense and fitting reward /  
the heavenly kingdom of Christ,  
and a place wherein to join chorus in th light with all the saints, O Cassian. //  
With them do thou unceasingly pray in behalf of our souls.

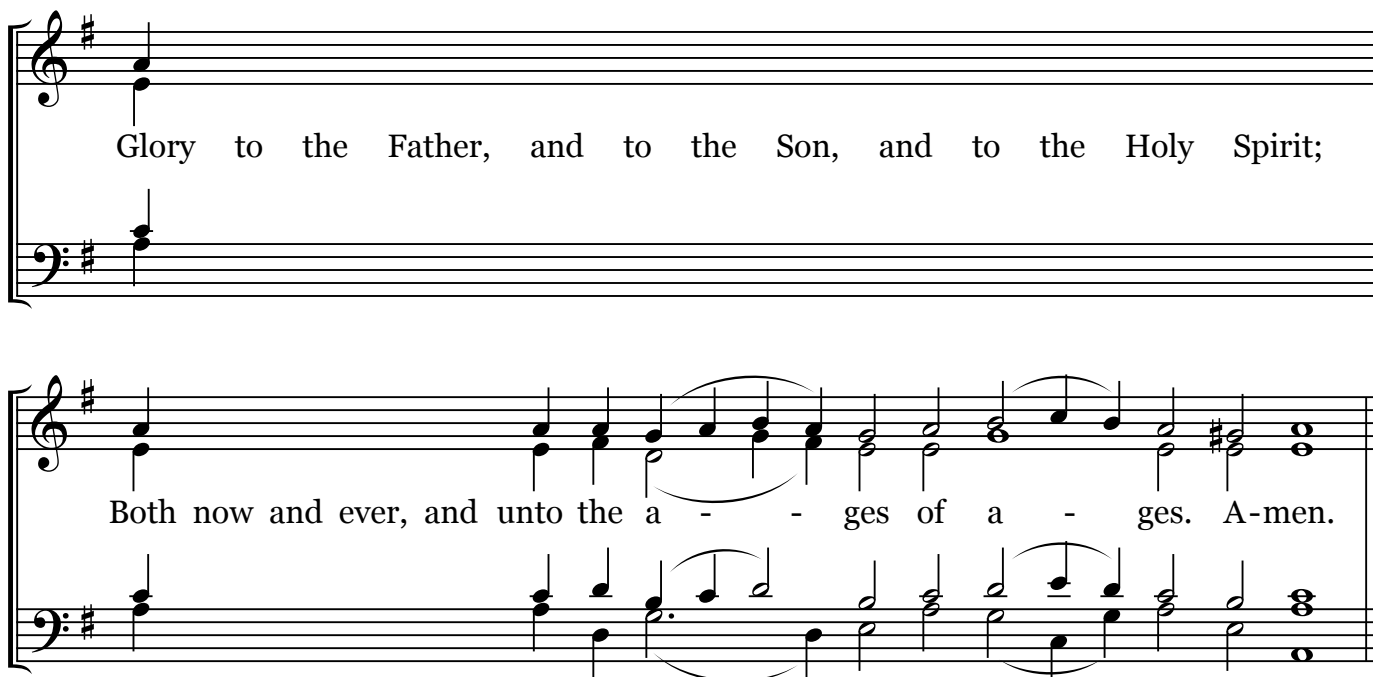
(1) Reader: For He hath made His mercy to prevail over us,

And the truth of the Lord a - bi - - - deth for - ev - - - er

The image shows a musical score for a Stichera. It consists of two staves, a treble clef on top and a bass clef on the bottom, both in the key of D major (indicated by two sharps). The melody is written in a simple, homophonic style. The lyrics are: "And the truth of the Lord a - bi - - - deth for - ev - - - er". The word "abideth" is written with a long dash between "bi" and "deth", and "forever" is written with long dashes between "ev" and "er".

A thing of wonder was every virtue, /  
O divinely wise one, /  
wherewith, at first on earth in the flesh, /  
thou didst watchfully observe silence, /  
O venerable one, /  
and didst later bespeak in words and through material things, /  
being humble, meek and innocent, /  
a prophetic and right goodly herald. /  
And now, when thou hast hastened to God, /  
thou hast marvelled all the more, //  
and hast received the grace of healing.

**Reader: Glory, Both now... in the same tone:**



Glory to the Father, and to the Son, and to the Holy Spirit;  
Both now and ever, and unto the a - - ges of a - ges. A-men.

Having stumbled because of mine evil disposition, /  
and been enslaved to wicked deception, /  
O Bride of God, /  
wretch that I am, I flee to thine all-wondrous loving-kindness /  
and thy fervent help, /  
O all-holy Maiden, /  
deliver me from the bonds of temptations and grief, /  
O all-immaculate one, /  
and save me from the assaults of the demons, /  
that I may glorify thee, /  
may hymn and bow down before thee with love, //  
and may magnify thee, O Mistress, as ever blessed.