

February 17: St. Theodore the Recruit
Stichera of "Lord I have cried"
Tone 2, Special Melody "When from the Tree..."
Optina Hermitage Melody

for 4 menaion verses, begin here

(4) Reader: In the 2nd Tone, Special Melody "When from the Tree..."
From the morning watch until night, from the morning watch

I-descant
II-chant melody

Let Is - ra - el hope in the Lord.

+ See Sticheron below: "As God our Benefactor..."

for 3 verses, begin here

(3) Reader: For with the Lord there is mercy; and with Him is plenteous redemption;

And He shall redeem Israel out of all his in - iq - ui - ties.

+ As God our Ben - e - fac - tor, Christ hath given thee to the world

as a rich gift, O The - o-dore, having received the gift which

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with some notes beamed together. The bass staff contains a series of single notes, some with stems pointing up and some with stems pointing down. The lyrics are written below the treble staff.

was of - fered to Him, of thy pre - - cious blood shed

The second system of musical notation continues the treble and bass staves. The treble staff has chords, and the bass staff has single notes. The lyrics are written below the treble staff.

for His sake with the zeal of pi - e - ty. Stand - ing now

The third system of musical notation continues the treble and bass staves. The treble staff has chords, and the bass staff has single notes. The lyrics are written below the treble staff.

be - fore Him with pious boldness, O mar - - - tyr,

The fourth system of musical notation continues the treble and bass staves. The treble staff has chords, and the bass staff has single notes. The lyrics are written below the treble staff.

do thou save all who have re - course to thee.

The fifth system of musical notation continues the treble and bass staves. The treble staff has chords, and the bass staff has single notes. The lyrics are written below the treble staff.

(2) Reader: O praise the Lord, all ye nations;

Praise Him all ye peo - - - ples.

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a long slur over the final two measures. The bass staff contains a series of notes, with a long slur over the final two measures. The lyrics are written below the treble staff.

Thou _____ art a stead-fast tow - - - er, which withstandeth the

The second system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a long slur over the first two measures and another long slur over the next four measures. The bass staff contains a series of notes, with a long slur over the first two measures and another long slur over the next four measures. The lyrics are written below the treble staff.

asaults of the ad - ver - sar - ies, an invincible champion for those who

The third system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a double bar line at the beginning and end. The bass staff contains a series of notes, with a double bar line at the beginning and end. The lyrics are written below the treble staff.

praise thee, a most speed - y aid, a fer - vent

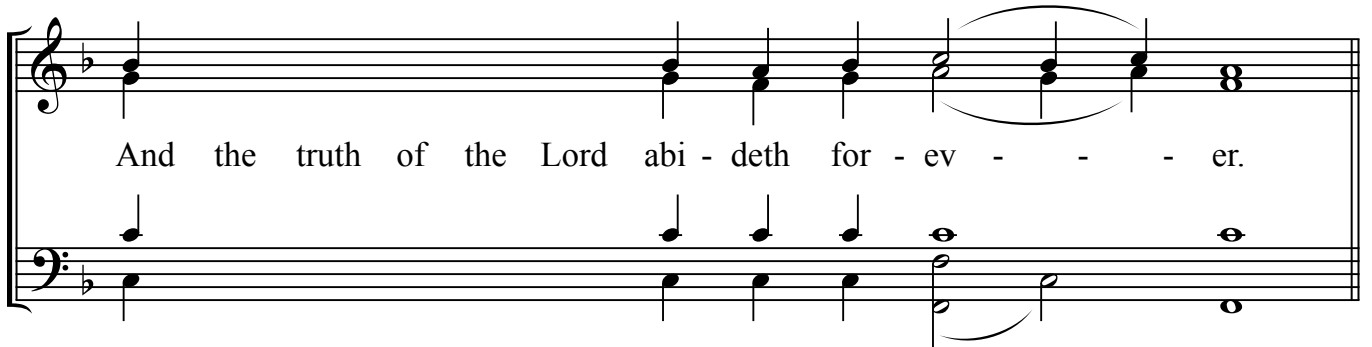
The fourth system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, with a long slur over the first two measures and another long slur over the next four measures. The bass staff contains a series of notes, with a long slur over the first two measures and another long slur over the next four measures. The lyrics are written below the treble staff.

advocate, quick de-liv - - er-ance, gen-er-al as-sis - tance,

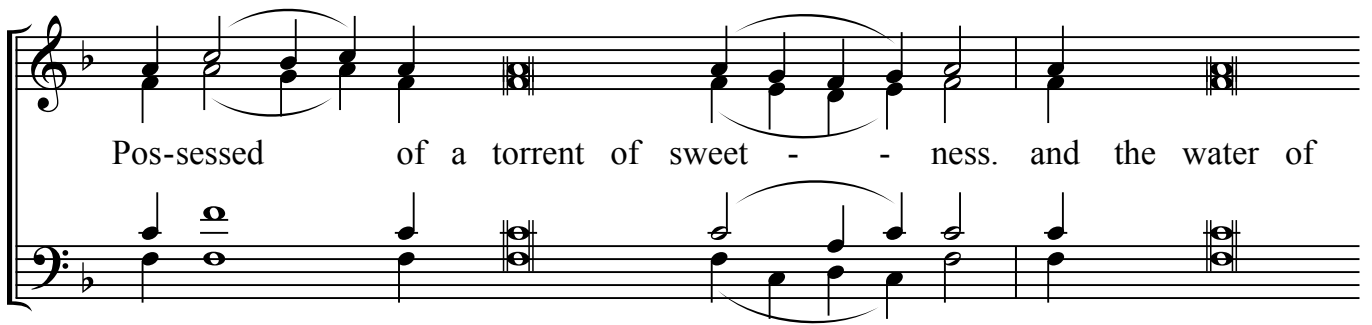
most powerful inter-cess - - or, a read-y de-liv - er-er

of all who entreat thee with faith, O bless-ed The - o-dore.

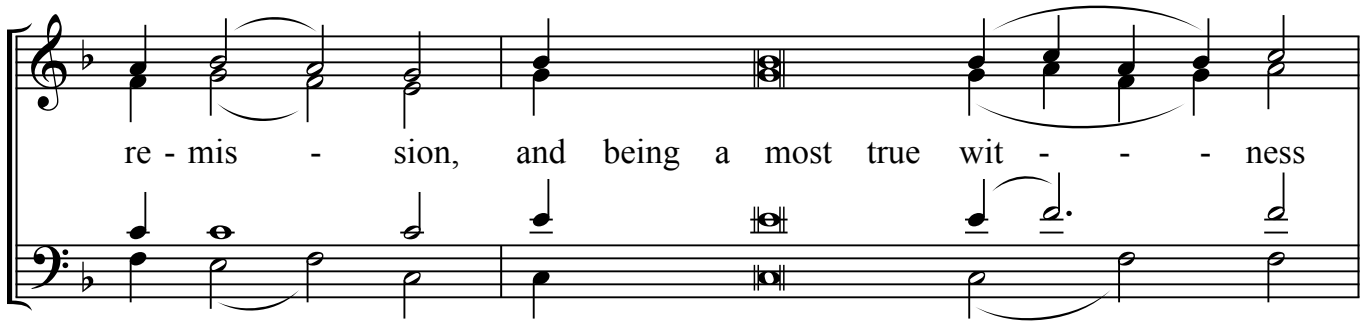
(1) Reader: For He hath made His mercy to prevail over us,



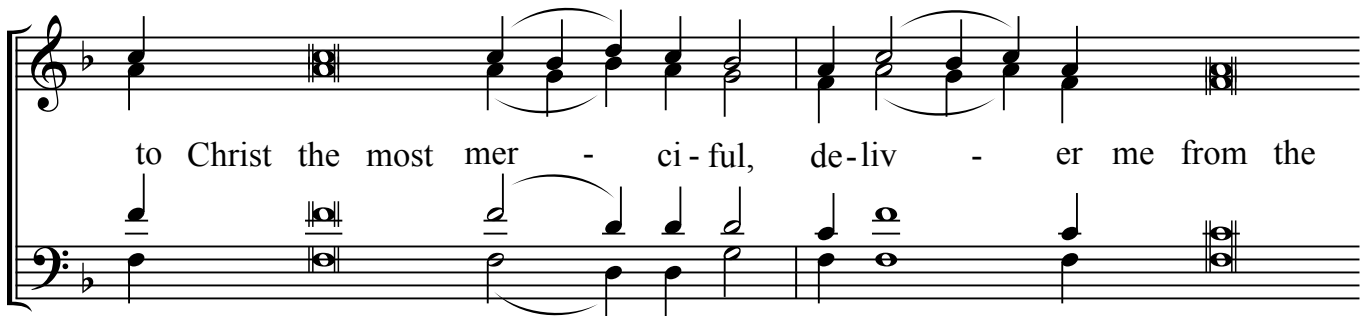
And the truth of the Lord abideth forever.



Pos-sessed of a torrent of sweet-ness, and the water of



re-mis-sion, and being a most true wit-ness



to Christ the most mer-ci-ful, de-liv-er me from the

tor - rent of my sins, calm thou the troubled wat - ers for me,

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, mostly triads and dyads, with a key signature of one flat (B-flat). The bass staff contains a series of single notes, mostly quarter and eighth notes, with a key signature of one flat. The lyrics are written below the notes.

still the tempest of temp - ta - - tions and guide me to the calm

The second system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, mostly triads and dyads, with a key signature of one flat. The bass staff contains a series of single notes, mostly quarter and eighth notes, with a key signature of one flat. The lyrics are written below the notes.

hav - en on high, O right bless - ed The - o - dore.

The third system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords, mostly triads and dyads, with a key signature of one flat. The bass staff contains a series of single notes, mostly quarter and eighth notes, with a key signature of one flat. The lyrics are written below the notes.