

Sunday of the Holy Forefathers on a Sunday between December 11th and 17th

Stichera of the Praises Tone 2, Special Melody, "O house of Ephratha" Valaam Chant

Stichos: Praise Him with timbrel and dance,

Praise Him with strings and flute. — Let us all now cel - e - brate

the — mem - or - y of the fore - fa - - - thers, hymn - ing their life —

which was pleas - ing un - to - God, — for Whose sake — they have been mag - ni - fied.

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation.

Let ev - ery breath praise the Lord. —

Repeat 1st Sticheron:
"Let us all now celebrate"

Stichos: Blessed art Thou, O Lord, the God of our fathers,

And praised and glorified is Thy name unto the a - - ges. —

The child - ren quenched the pow - er of the fire, —

dancing in the midst of the fur - nace, and hymn - ing God, —

the Al - might - - - y.

Stichos: For righteous art Thou

In all which Thou hast done for us. —

Dan - iel the pro - - phet, who, im - pris - oned in a pit, —

dwelt with wild _____ beasts, and was shown _____ forth as one _____

who did not _____ par - take of their fer - o - - ci - ty.

English translation by Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Vol. IV, St. John of Kronstadt Press, ©1999. The complete service may be purchased through: sjkp.org

Music from the Slavonic: "Podobniy", Holy Trinity-Jonah Monastery Press, Kiev, 2004
music.russianorthodox-stl.org