

August 27: St. Poemen the Great
Stichera on "Lord I have cried"
Tone 8, Special Melody "What shall we call you...?"
Optina Hermitage Melody

(1) (2)

S
A

What now shall we call thee, O Poe - - - - men? Mod - el

T
B

of monks and accomplisher of heal - - - - - ings,

T
B

(2)

who with the stripes of abstinence wounded the passions of the

T
B

(3)

soul, _____ citizen of heaven and converser with

T
B

an - - - gels, inhabitant of the cit - ty on high, ves - sel

of the vir - - - - - tues and confirmation of the pi - ous.

Pray - - - - - thou that our souls - - - - - be - - - - - saved.

(1) (2)

What now shall we declare thee, O Poemen? Dwell er

in the desert and lover of stillness,

(2)

up-root-er of the passions, instructor of monks,

(3)

deluge of the teachings of the divine Spirit,

(3) (2)

perpetual lamp of dis - cern - - - ment, true — work - er of

(3)

won - - - - - ders who heal-est di-vers suf - fer-ings.

(2)

Pray — thou that our souls — be — saved.

(1) (2)

As a beacon of discernment, thou dost illuminate the

souls that approach thee with faith,

(2)

showing them the path of life, O wise one.

(3) (3)

Wherefore, we bless thee with praises, celebrating thy holy

(2)

sol - em - - - ni - ty, O Poe - men, boast of the

(3)

fa - - - - - thers, a - dorn - ment of fast - - - ers.

(2)

Pray thou that our souls be saved.

English translation by Isaac E. Lambertsen, "The Menaion of the Orthodox Church", Vol XII,
St. John of Kronstadt Press, ©1997. The entire service text may be purchased through: sjkp.org