

4th Sunday: St. John of the Ladder
Stichera on "Lord I have cried"
Tone 8, Special Melody "O Most Glorious Wonder..."
Optina Hermitage Chant

✙ O ho - ly fa - ther John, truly hast thou ev - er car - - - ried

on thy lips the prais - es of the Lord, and with great wis - - - dom

hast thou stud - ied the words of Holy Scrip - ture

that teach us how to practise the as - cet - ic life. so hast thou gained the

rich - es of grace, and thou hast be - come bless - - - ed,

o - ver - throw - ing all the purposes of the un - god - - - - ly.

✙ Most glo - ri - ous fa - ther John, with the fountain of thy tears

thou hast cleansed thy soul, and by keeping vig-ils through the night,

thou hast gained God's mer - - - cy. Thou wast raised on wings,

O bless - ed one, to the love of Him and of His beau - ty;

and as is right thou dwellest now in His un - end - ing joy,

with thy fellow soldiers in the spi - ri - tu - al fight,

O ho - - - ly saint of God.

† O ho - ly fath - er John, through faith thou hast lift - ed up

thy mind on wings — to God; hating the restless con-fus-ion of this world,

thou hast ta - ken up thy Cross; — and fol - low - ing Him

Who sees all things, thou hast subjected thy rebellious body

to His guidance

to His guid - - - ance through as - ce - tic dis - ci - pline,

by the pow - er of the Ho - ly Spi - - - - rit.