

# The Ascension of our Lord

*After the Proemial Psalm (103) and the Great Litany, immediately we sing "Lord I have cried...". (We do **not** sing "Blessed is the man...")*

## Stichera on "Lord I have cried", Tone 6 Kievan Chant

(10) Reader: Bring my soul out of prison

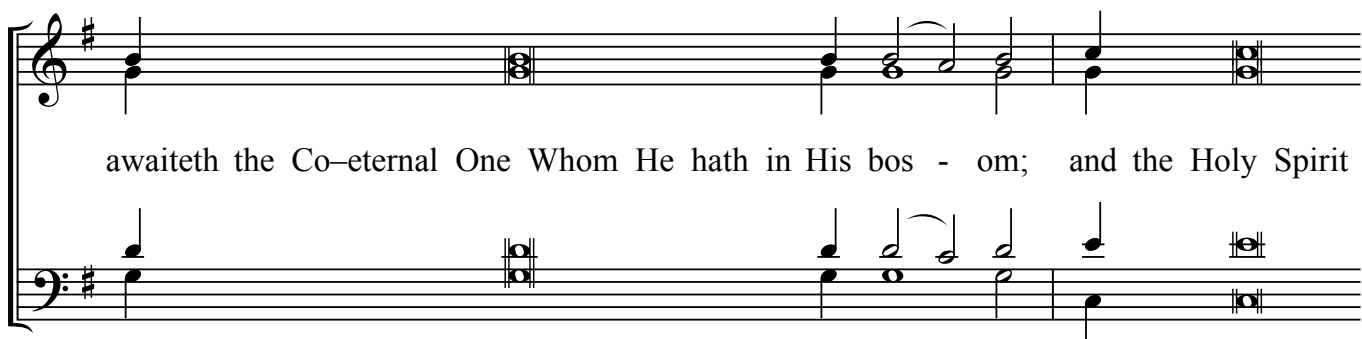
That I may \_\_\_\_\_ con - fess \_\_\_\_\_ Thy name.

The Lord ascended into hea - ven, that He might send the Com - for - ter

to the world. The heavens prepared His throne; the clouds His as - cent.

The angels marvelled, beholding a Man more ex - alt - ed than they. The Father


Stichera on "Lord I have cried..."



awaiteth the Co-eternal One Whom He hath in His bos - om; and the Holy Spirit

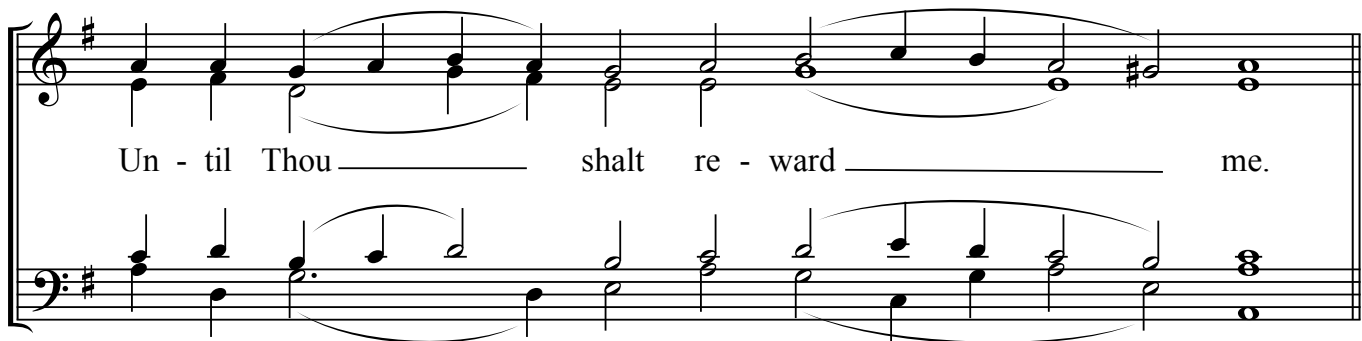


commandeth all His an - gels: Lift up your gates, O ye prin-ces! All the



na-tions clap your hands, for Christ hast gone up to where He was be-fore.

(9) *Reader:* The righteous shall wait patiently for me



Un - til Thou \_\_\_\_\_ shalt re - ward \_\_\_\_\_ me.

*Repeat:* "The Lord ascended into heaven..."

(8) Reader: Out of the depths have I cried unto Thee, O Lord;

O Lord \_\_\_\_\_ hear \_\_\_\_\_ my voice.

The cherubim marvelled at Thine ascension, O Lord, /  
 beholding Thee, O God Who sittest upon them, ascending upon clouds; /  
 and we glorify Thee, for Thy mercy is good. //

Glory to Thee!

(7) Reader: Let Thine ears be attentive

To the voice \_\_\_\_\_ of my sup - pli - ca - tion.

**Repeat: "The cherubim marvelled at Thine ascension..."**

Stichera on "Lord I have cried..."

(6) *Reader:* If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?



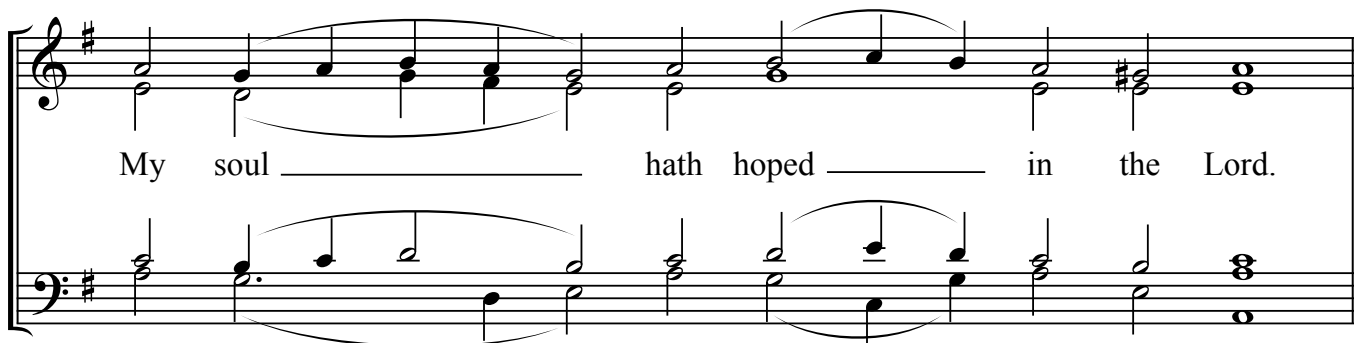
For with Thee \_\_\_\_\_ there is for - give - ness.

The musical notation consists of two staves, treble and bass clef, with a key signature of one sharp (F#). The melody is written in a simple, homophonic style. The lyrics are placed below the notes, with a long horizontal line under 'Thee' and 'there' to indicate a long note or a breath mark. The text ends with a period.

Beholding Thine ascension upon the holy mountains, O Christ, /  
Thou Effulgence of the glory of the Father, /  
we hymn the radiant form of Thy countenance, /  
we worship Thy sufferings, /  
and we honor Thy resurrection, /  
glorifying Thy glorious ascension. //

Have mercy on us!

(5) *Reader:* For Thy name's sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word,



My soul \_\_\_\_\_ hath hoped \_\_\_\_\_ in the Lord.

The musical notation consists of two staves, treble and bass clef, with a key signature of one sharp (F#). The melody is written in a simple, homophonic style. The lyrics are placed below the notes, with long horizontal lines under 'soul' and 'hath hoped' to indicate long notes or breath marks. The text ends with a period.

**Repeat:** "Beholding Thine ascension upon the holy mountains, O Christ..."

(4) *Reader:* From the morning watch until night, from the morning watch

Let Is - - - ra - el hope \_\_\_\_\_ in the Lord.

The musical score is written for a single voice on a grand staff (treble and bass clefs) in the key of D major. The melody is primarily in the treble clef, with some notes in the bass clef. The lyrics are: "Let Israel hope \_\_\_\_\_ in the Lord." The word "Israel" is hyphenated as "Is - - - ra - el". There are several long horizontal lines under the word "hope" and "in", indicating a long note or a pause. The music consists of a series of chords and single notes, with some phrases connected by slurs.

O Lord, as the apostles saw Thee upborne upon clouds, /  
 filled with sorrow and lamenting /  
 with tearful lamentations, they said, /  
 O Christ Bestower of life: /  
 Leave not us Thy servants orphaned, /  
 whom Thou didst love in Thy lovingkindness, /  
 in that Thou art compassionate, O Master; /  
 and as thou didst promise, //  
 send down upon us Thine all-holy Spirit, Who enlighteneth our souls.

(3) *Reader:* For with the Lord there is mercy, and with Him is plenteous redemption;

And He shall redeem Israel out of all \_\_\_\_\_ his in - iq - - - ui - ties.

The musical score is written for a single voice on a grand staff (treble and bass clefs) in the key of D major. The melody is primarily in the treble clef, with some notes in the bass clef. The lyrics are: "And He shall redeem Israel out of all \_\_\_\_\_ his in - iq - - - ui - ties." There are several long horizontal lines under the word "all", indicating a long note or a pause. The music consists of a series of chords and single notes, with some phrases connected by slurs.

**Repeat:** "O Lord, as the apostles saw Thee upborne upon clouds..."

Stichera on "Lord I have cried..."

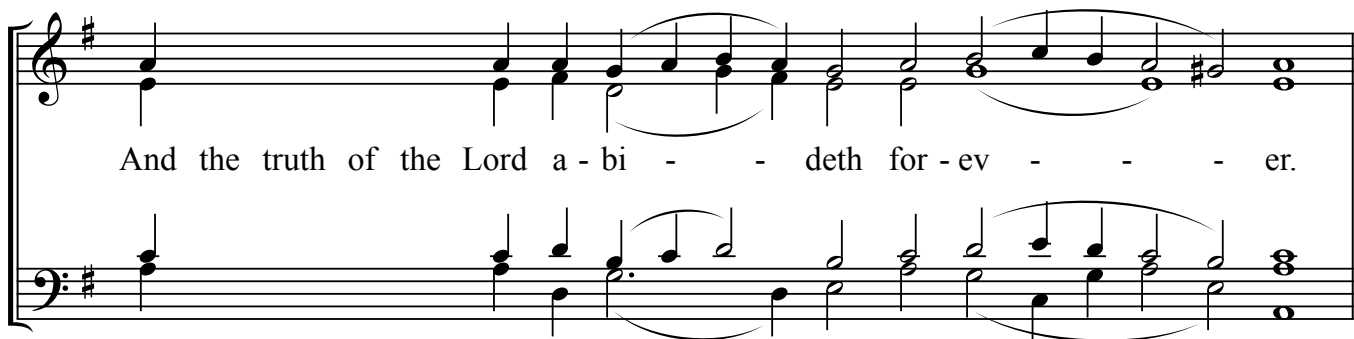
(2) *Reader:* O praise the Lord, all ye nations;



Praise Him all ye peo - - - ples.

Having completed the mystery of Thy dispensation, O Lord, /  
taking Thy disciples up the Mount of Olives, Thou didst ascend; /  
and behold, Thou didst pass through the firmament of heaven, /  
O Thou Who for my sake didst become poor like me; /  
and having gone up to where Thou hadst never left, /  
Thou didst send forth Thy most Holy Spirit, //  
Who enlighteneth our souls.

(1) *Reader:* For He hath made His mercy to prevail over us,



And the truth of the Lord a - bi - - deth for - ev - - - er.

*Repeat:* "Having completed the mystery of Thy dispensation, O Lord..."

*Reader: Glory, both now, in the same tone.*

Glory... Both now and ever and unto the a - ges of a - ges. A-men.

O sweetest Jesus, /  
 Who wast not separated from the bosom of the Father, /  
 and as a man didst dwell with men, /  
 Thou didst ascend in glory from the Mount of Olives; /  
 and mercifully bearing our fallen nature aloft, /  
 Thou didst set it next to the Father. /  
 Wherefore, the heavenly ranks of the incorporeal beings, /  
 marvelling at the miracle, were stricken with awe, /  
 and seized with trembling, magnified Thy love for mankind. /  
 With them we who are on earth, /  
 glorifying Thy condescension toward us /  
 and Thine ascension from us, pray, saying: /  
 O Thou Who by Thine ascension /  
 didst fill with immeasurable joy the disciples /  
 and the Theotokos who bore Thee, /  
 through their supplications /  
 vouchsafe us also the joys of Thine elect, //  
 for the sake of Thy great mercy.